



Central Michigan Pregnancy Services

Winter 2009

CMPS BOARD OF DIRECTORS

- President: Susan Renaud**
Assistant Principal, MPHS
- Vice-President: Jeffrey Palmer**
Counselor at Law
- Secretary: Vicki Tuma**
Admin. Secretary CMCH
- Treasurer: Chris Nickel**
Registered Representative
- Jean Prout Ed.D.**
Business Owner
Assist. Professor CMU
- Diane Saltarelli**
Principal, Mayes Elementary
- Paul Scoby**
Business Dev. Officer,
Isabella Bank

CMPS STAFF

- Mary Barz**
Executive Director
◆◆◆
- Marcie Marckel**
Client Services Director
◆◆◆
- Katie Kloet**
Office Manager
◆◆◆
- Lona Hamilton**
Earn While You Learn Director
◆◆◆
- Michelle Witt**
Willing to Wait Program Director
◆◆◆
- Shari Evans**
Abstinence Educator

Hope

From the desk of Mary Barz



It happens often. A young woman walks through our door in search of answers. She is telling herself, "I can't believe I'm here! I didn't think this could happen to me! This can't be real!" For a young woman experiencing an unplanned pregnancy she quickly becomes aware that in a brief moment, all her plans, her dreams, and her "hope", for the future may be jeopardized. Her world is turned upside down and there may be no turning back.

No matter what the results of her pregnancy test, life will be different from this point forward. If she has a positive test she has the choice of three options: parenting, adoption, or abortion. None of these choices are without consequences however, and education is the key component of what we provide for her at that point. Each option is discussed with compassion and integrity. Only the truth is presented to her regarding her choices. No choice erases the consequences and making an informed choice is critical to her wellbeing.

If her test is negative we will speak with her about her sexual integrity and how the choices she makes today will impact her life tomorrow. Because the chance that this young woman contracted a Sexually Transmitted Disease is high, we talk to her about this and strongly suggest a visit to a doctor or health facility for testing. We can help her do that by making a referral. We may also discuss emotional and relational issues with regards to making good choices.

Though the young woman is often frightened and full of despair, we try to help her realize that there is a way to find peace when the consequences of her actions have left her feeling hopeless. No matter what the situation is, we are here to help. The caring volunteers and staff of CMPS are not here to judge but to encourage and inform. We want to replace hopelessness with hope and help them to understand that no matter how bad the situation may seem, they do not have to face it alone.

....continued on next page

Inside This Issue

- Cookie Fundraiser
- Walk for Life
- New Websites
- Reggie Dabbs
- 2009 Fall Banquet
- Baby Bottle Campaign

...continued from front

In Ephesians 1:18 Paul writes "I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which He has called you." We may not have an opportunity in the counseling room to share Jesus with a client, however; we can pray that all who come here will know the hope that is available through Jesus Christ. A hope that will stand them right side up when their world is turned upside-down, and a peace that is not based upon circumstances. Hope and peace that never leaves, inspires and gives life purpose. We want them to see their value in God's eyes and experience the grace and love that is theirs just by asking.

In this time of financial uncertainty and as we deal with our own personal crisis, isn't it nice to remember we worship the God of "hope." Great things can be accomplished through prayer and each prayer is heard by God who is loving and just. I believe in the God of miracles who gives me hope; when I have hope, I have peace. John the apostle writes, in chapter 16:33, that Jesus told us "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world!"

Our prayers can change the world and I would like to ask you all to pray that CMPS may continue to touch lives with a message of truth and hope.

Blessings,
Mary

New Volunteers

We would like to introduce our newest volunteers. They are:

Rick Fairley

Karen Mackie

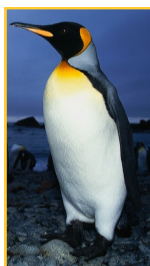
Kathy Parks

Nivia Paul

Lindsay Strathern

Tom Wallace

Welcome to the team! Your service is greatly appreciated.



Walk for Life

Our annual **Walk for Life** fundraiser will be held Saturday, April 18, 2009 from 12:00-3:00, inside CMU's Finch Fieldhouse. Kids can have fun on the inflatable play structure and the whole family can enjoy hot dogs and a drink for lunch. If you are interested in participating in this fundraiser, you may contact us by calling (989)773-0379 or email our Office Manager Katie, at Katie@supportlifecmps.com. We hope you join us for this fun afternoon!



*"The Lord gives strength to his people; the Lord blesses his people with peace."
Psalm 29:11*

New Websites

Please remember that as of April 2009 our websites will change. You will not be able to access partnerforlife.org or choicesforme.net. You may want to check out our new websites by going to www.supportlifecmps.com or www.pregnancycmps.com

Christmas Cookie Fundraiser

Thank you to our wonderful Christmas Cookie Committee for all of the beautiful and tasty cookies they made for our Christmas Cookie Sale. Because of their hard work, we raised over \$7,800.00 for CMPS. Thank you to Kim Warner our Chairperson and her team, Nancy Barnes, Diane Fussman, Janet Larrance, Kim McBryde, Stephanie Papenfus, and Marie Root for organizing this enormous project. Several area churches also helped by letting us use their kitchens and providing supplies. Thank you First Baptist Church, Mt. Pleasant Community Church, New Life Christian Fellowship Church, Sacred Heart Church, and St. Joseph the Worker Church. We would also like to thank Pioneer Sugar Company for once again donating all of the sugar. Last but not least, we appreciate Wei Sun from His House Christian Fellowship for organizing volunteers and helping us frost over 400 dozen Santa Cookies!



"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." ~Romans 15:13

Reggie Dabbs - "You can never change your past, but you can change your future!"

On January 12th, CMPS provided four area schools with the internationally known, motivational speaker, Reggie Dabbs. Through a positive, life changing message, Reggie spoke to students in a humorous style regarding difficult choices faced by many students about drugs, alcohol, suicide and peer pressure. In spite of being abandoned by his 16 year old mother, who was already raising three children, Reggie was adopted by one of his birth-mother's teachers who instilled in him strong moral values. She also taught him that in every situation he faced he would have choices and that in the beginning we make choices and in the end, it is our choices that make us who we are. Reggie left the students and teachers with a profound message of hope.



Several people were responsible for bringing Reggie Dabbs to our area. Michelle Witt, Director of Willing to Wait, and Jacob Obel, Central Assembly of God, coordinated efforts with Curt Culison of Midland to bring this dynamic speaker to Mt. Pleasant and Shepherd. Our HEARTS Drama Team performed dramas that were created to reach their audience with a powerful message.

One of our goals at CMPS is to educate and empower individuals to make good choices. Our abstinence Educator, Shari Evans, has presented our Willing to Wait Abstinence curriculum to seven area schools. This curriculum is designed to open lines of communication that inspire youth to make well-informed decisions about sexual activity. Through our Willing to Wait program, she addresses concerns regarding peer pressure, dating, healthy and unhealthy relationships, STDS, pregnancy, emotional/relational issues and making good choices. Shari's personal testimony enhances the curriculum and students are more receptive when learning from someone who shares so openly.

Students are invited to evaluate the program and we would like to share with you just a few student quotes from an area high school:

"I've learned about the reality of sex and its consequences. Your story was realistic and I can relate. I hope you continue teaching this.....it truly does help."

I learned "To always put yourself and your values above someone else's. To never give into peer pressure."

"I'll spend more time getting to know myself before I commit to someone else."

I learned "Don't feel like you're the only one not having sex, because not everyone is."

"I am going to stop drinking and being sexually active."

I have decided to wait "because I want to be with the person that I really love and they love me back."

I have decided to wait until marriage because "There are sooooo many things at risk and to be careful of the decisions I make."

"Thanks Shari!.....you really helped me through a few things."

"Thank you so much, I believe that everyone should get this information."

Because of the efforts of the wonderful staff, volunteers and Board of Directors, CMPS will continue to reach our community with a message of truth and hope! We thank you all for the many ways you support this ministry. Whether it is through financial or prayer support, your contributions are very much appreciated and directly benefit your community!!



CMPS is also grateful to the Morey Foundation for supporting this effort through grant money to our Willing to Wait Abstinence Program. Thank you Morey Foundation!

*"May your unfailing love rest upon us, O Lord, even as we put our hope in you."
~Psalm 33:22*



*"Find rest, O my soul, in God alone; my hope comes from him."
~Psalm 62:5*

NON-PROFIT ORG
U.S. POSTAGE PAID
MT. PLEASANT, MI
48858
PERMIT # 164



Central Michigan Pregnancy Services
312 W. Broomfield
Mt. Pleasant, MI 48858

Phone: 989-773-0379
Fax: 989-953-4247
Website: supportlifecmps.com

And the beat goes on!

21 days after conception, a baby's heart begins to beat!

CMPS Celebrate Life! Fall Fundraising Banquet

Mark your calendars and plan to attend this years **Fund Raising Event!**

Date: Thursday, October 22, 2009

Time: Doors open at 5:30 for silent auction preview

Location: Mt. Pleasant Comfort Inn Conference Center

Reservations are required! You may call (989)773-0379 to reserve a seat or table.

Our guest speaker this year is Central Michigan University's 1994 All American running back, **Brian Pruitt!** Brian's powerful testimony is something you will not want to miss. Returning is our amazing HEARTS Drama Team. Peter Brooks of Family Life Radio has also graciously accepted our invitation to return as our EmCee. We look forward to seeing you at our banquet!



Baby Bottle Campaign

Check out our website and see information about our Baby Bottle Campaign. Visit www.supportlifecmps.com and click "fundraiser" on the home page and then click "more" under Baby Bottle Campaign. Find out how simple it is to raise money through spare change. Small change adds up to thousands of dollars that we use to bless others through the many programs that support our community. If you, your church or organization are interested in hosting a Baby Bottle Campaign, contact us at (989) 773-0379, or email Mary at marybarz@supportlifecmps.com. Last year we raised nearly \$10,000 through this fun and simple campaign!



Newsletter set up provided by Kim Warner.

Printing provided by Kopy Korner.